

SHIRA M. KERN, M.A.

CURRICULUM VITAE

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EDUCATION

- 2013 M.A. Clinical Psychology, with Distinction, California State University Northridge
2011 Certificate of Advanced Study, Spanish, Costa Rican Culture and Language Institute
2011 B.A. Psychology, with Distinction in Psychology, San Diego State University

CLINICAL EXPERIENCE

- 2017 – Present Student Clinician – Trauma and Bereavement Team, University of Wyoming
2017 Psychology Practicum Student – Sheridan VA Medical Center
2016 – 2017 Student Clinician, Child and Adult Assessment team, University of Wyoming
2016 Psychology Practicum Student – Wyoming State Hospital
2015 – 2016 Student Clinician, Anxiety and Trauma team, University of Wyoming
2011 – 2015 Student Clinician, Stand In Balance LLC
2011 – 2013 Student Clinician, Mood and Anxiety Disorders Clinic, California State University Northridge
2009 Medical Assistant, Lakewood Primary Care

TEACHING EXPERIENCE

- 2017 Graduate Teaching Assistant, Research Methods, University of Wyoming
2016 Graduate Teaching Assistant, Introduction to Psychology, University of Wyoming
2016 Graduate Teaching Assistant, Research Methods, University of Wyoming
2015 Graduate Teaching Assistant, Introduction to Psychology, University of Wyoming
2012 – 2013 Graduate Teaching Assistant, Introduction to Statistics, California State University, Northridge

RESEARCH EXPERIENCE

- 2017 – Present Graduate Assistant – Wyoming Institute for Disabilities (WIND)
2015 – Present Graduate Research Assistant, Anxiety and Trauma Research Group, University of Wyoming
2013 – 2015 Clinical Research Coordinator, VA Long Beach Healthcare System
2012 – 2013 Graduate Research Assistant, Neuropsychology Research Lab, California State University Northridge
2011 – 2012 Graduate Research Assistant, Social Psychology Research lab, California State University Northridge
2011 – 2012 PSI CHI Research Team Coordinator, California State University, Northridge

- 2011 Research Assistant, Center for Understanding and Treating Anxiety (CUTA), San Diego State University
- 2009 – 2011 Research Assistant, Child and Family Development Research lab, San Diego State University
- 2010 Research Assistant, Jewish Family and Children's Service of Long Beach

SCIENTIFIC PUBLICATIONS

1. Kilwein, T. M., **Kern, S.**, & Looby, A. (2017). Interventions for alcohol-related risky sexual behaviors among college students: A systematic review. *Psychology of Addictive Behaviors*.
2. Chereji, E., **Kern, S.**, Fuller, B., Morasco, B.J., Phelps, A., Hauser, P. (2016). Co-occurring Depression, Chronic Pain and Substance Use Disorders in People with Hepatitis C. *Open Medicine Journal*. 3: 79-103.
3. Hauser, P., Fuller, B.E., Dieperink, E., **Kern, S.**, Miranda, J., Ho, S.B (2016). Baclofen Treatment for Alcohol Dependence in Patients with Chronic HCV Liver Disease: A Multicenter Randomized Clinical Trial. *Gastroenterology*. 150(4): 1044
4. Zuehlke, J.B., Kotecki, R.M., **Kern, S.**, Hauser, P. (2016). Transformation to a Recovery-Oriented Model of Care on a Veterans Administration Inpatient Unit. *Psychiatric Rehabilitation Journal*.
5. Hauser, P., **Kern, S.** (2015). Psychiatric and Substance use disorders co-morbidities and Hepatitis C: Diagnostic and Treatment Implications. *World Journal of Hepatology*. Invited Review.
6. Williams, K., **Kern, S.**, Thorp, S., Hauser, P., Paulus, M. (2014) The VISN 22 Telemental Health Evidenced- Based Psychotherapy Regional Pilot: Successes and Challenges. *Federal Practitioner*.
7. Kryskalla, J., **Kern, S.**, Gray, D., Hauser, P. (2014). Using Dashboard Technology to Monitor Overdose Risk Among Veterans Prescribed High-Dose Opiates. *Federal Practitioner*

MANUSCRIPTS IN PREPARATION

Kern, S., Bachtelle, S., Kozina, R., Ripley, A., & Clapp, J. D. (*in preparation*). Exploring the Relation between PTSD and Interpersonal Outcomes: The Role of Social Acknowledgment and Trauma Type.

POSTER PRESENTATIONS

1. Clapp, J. D., **Kern, S.**, Bachtelle, S. E., Kozina, R., & Ripley, A. J. (2017, November). Exploring the relation between posttrauma symptoms and interpersonal outcomes: The role of index trauma and community disapproval. In S. M. Blakey (Chair), *Beyond the diagnosis: Covariates and mediators of the relation between PTSD and adverse outcomes*. Symposium accepted for presentation at the 51st annual meeting of the Association of Behavioral and Cognitive Therapies, San Diego, CA.
2. Clapp, J. D., Kozina, R., **Kern, S.**, Ripley, A. J., Lear, M. K., & Stacy, S. E. (2017, November). Should I talk about it? Evaluation of a novel measure of expectancies pertaining to the disclosure of trauma. Poster accepted for presentation at the 51st annual meeting of the Association of Behavioral and Cognitive Therapies, San Diego, CA.
3. **Kern, S.**, Stacy, S. E., Lear, M. K., Ripley, A. J., Kozina, R., & Clapp, J. D. (2017, November). Examining the relation between PTSD and comorbid depression: The role of BAS Reward, Drive, and Fun Seeking. Poster accepted for presentation at the 51st annual meeting of the Association of Behavioral and Cognitive Therapies, San Diego, CA.
4. Kozina, R., Lear, M. K., Stacy, S. E., **Kern, S.**, Ripley, A. J., Clapp, J. D. (2017, November). The relation between functional limitations and perceived burdensomeness: The moderating effects of trait rumination. Poster accepted for presentation at the 51st annual meeting of the Association of Behavioral and Cognitive Therapies, San Diego, CA.
5. **Kern, S.**, Ripley, A. J., Kozina, R., Lear, M. K., Stacy, S. E., & Clapp, J. D. (2017, November). Explaining the relation between PTSD and interpersonal outcomes through network orientation: The mediating role of world assumptions. Poster accepted for presentation at the 51st annual meeting of the Association of Behavioral and Cognitive Therapies, San Diego, CA.

6. McLure, K., Ripley, A. J., Blakey, S. M., **Kern, S.**, Kozina, R., & Clapp, J. D. (2017, November). Behavioral inhibition and posttrauma symptomatology: The moderating effect of safety behaviors. Poster accepted for presentation at the 51st annual meeting of the Association of Behavioral and Cognitive Therapies, San Diego, CA.
7. **Kern, S.**, Bachtelle, S., Ripley, A., Kozina, R., & Clapp, J. D. (2016, November). *An investigation of the relation between PTSD and interpersonal outcomes: The moderating role of trauma type and emotional regulation*. Presented at the 50th annual meeting of the Association of Behavioral and Cognitive Therapies, New York, NY.
8. **Kern, S.**, Bachtelle, S., Kozina, R., Ripley, A., & Clapp, J. D. (2016, November). *The differential impact of PTSD and alcohol use on functional impairment in a college sample*. Presented at the 50th annual meeting of the Association of Behavioral and Cognitive Therapies, New York, NY
9. Hauser, P., Fuller, B., Dieperink, E., **Kern, S.**, Miranda, J., Ho, SB. *Baclofen Treatment for Alcohol Dependence in Patients with Chronic HCV Liver Disease: A Multicenter Randomized Clinical Trial*. The Liver Meeting (AASLD), 2016.
10. Hauser, P., Williams, K., **Kern, S.**, Thorp, S., Paulus, M., Shah, N. *The VISN 22 Evidenced-Based Psychotherapy Telemental Health Center and Regional Pilot: Successes and Challenges*. American Psychiatric Association Annual Conference, 2015.
11. Hauser, P., Kryskalla, J., **Kern, S.**, Gray, D. *The VISN 22 High Risk for Suicide Opioid Dashboard: An IT solution to Monitor Suicide Risk in Veterans Prescribed High Dose Opioid Medications*. American Psychiatric Association Annual Conference 2015.
12. Lopez, CR., Fuller, B., **Kern, S.**, Hauser, P. *Efficacy of Baclofen in Reducing Symptoms of PTSD and Anxiety in Veterans with HCV and Alcohol Use Disorders*. UCI Translational Research day, 2014.
13. Lopez, CR., Fuller, B., **Kern, S.**, Hauser, P. *Self-Reported Drinking Behavior Predicts Changes in PTSD and Anxiety Symptoms in Veterans*. American Psychosomatic Society Annual Conference, 2014.
14. Fuller, B., **Kern, S.**, Loftis, J., Dieperink, E., Hauser, P. *Association of Self-reported Change in Alcohol use Behavior with Changes in %CDT, EtG and EtS Levels in Veterans with HCV*. Psychiatric Research Society Annual Meeting, 2014.
15. Fuller, B., **Kern, S.**, Dieperink, E., Isenhardt, C., Thuras, P. Morgan, T., Lennox, R., McMaken, K., Wasil, MM., Ho, SB., Saperstein, S. *Association of Self-Reported change in Alcohol use behavior with changes in percent Carbohydrate deficient transferrin (%CDT), Ethyl Glucuronide (EtG) and Ethyl Sulfate (EtS) levels in Veterans with Hepatitis C*. The Liver Meeting (AASLD), 2013.
16. Flowers, A., **Kern, S.**, Lu, P., Wong, J., Razani, J. *Performance of Patients with Frontotemporal Dementia and Alzheimer's Disease on an Activities of Daily Living Task*. International Neuropsychological Society, annual meeting, 2013
17. **Kern, S.**, Deloatch, S., Rutchick, A. *The Perception of Lying: A Comparative Analysis of Telling and Receiving*. Western Psychological Association, 2012 Annual Conference.
18. **Kern, S.**, Garfalo, M., Ritblatt, S. *Communication is Key*. SDSU Student Research Symposium, 2010

HONORS AND AWARDS

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| 2016 | Lillian G. Portenier Graduate Psychology Scholarship, University of Wyoming |
| 2016 | Graduate Student Travel Award, University of Wyoming |
| 2015 | Graduate Student Travel Award, University of Wyoming |
| 2013 | Award of Academic Excellence, California State University, Northridge |
| 2011 | 1 st Place, CSUN PSI CHI Research Competition, Graduate Division, California State University, Northridge |

PROFESSIONAL AFFILIATIONS

Association for Behavioral and Cognitive Therapies (ABCT)

Western Psychological Association (WPA)

Wyoming Psychological Association (WPA)

Equine Assisted Growth and Learning Association (EAGALA)

Psychology Honors Society (PSI CHI)