

# Curriculum Vitae Ryan Kozina

617 E. Shields St. Laramie, WY 82072 • rkozina@uwyo.edu • (916)-529-9942

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## Education Information

### Master of Science in Clinical Psychology

Anticipated Completion: May 2017

University of Wyoming, Laramie WY

*Thesis:* Attachment and Trauma: The Effects of Trauma on Attachment Stability and the Role of Stress Appraisals in the Development of PTSD

### Bachelor of Science in Psychology

Graduated: June 2013

### Bachelor of Science in History

University of Oregon, Eugene, OR

## Undergraduate Research Experience

2011 Research Assistant

Sutter Memorial Hospital, Sacramento, CA

Responsibilities: Preparation of animal subjects for study and the maintenance of a sterile operating room.

2012 Research Assistant

Dr. Jeffrey Measelle & Dr. Jennifer Ablow, University of Oregon, OR

Responsibilities: Assisted in gather, coding, and analyzing data derived from the “Arm Restraint” task.

## Post-Baccalaureate Research Experience

2014 Research Assistant

Sutter Medical Foundation, Sacramento, CA

Responsibilities: Constructing a database for outcomes of treatment of epilepsy and autism spectrum disorders.

Supervisor: Dr. Michael Chez

2014 Research Associate

V.I.R.T.I.S./Refugee Health Clinic, Sacramento, CA

Responsibilities: Assisting in clinical intakes and organizing clinical research with refugee populations.

Supervisor: Dr. Patrick Koga

## Graduate Research Experience

August 2015-Present: Undergraduate Assessment Project. Conducting clinical assessments with undergraduates reporting history of traumatic events using Clinician Administered PTSD Scale (CAPS) and Anxiety and related Disorders Interview Schedule (ADIS). Cases are discussed and final diagnostic codes made in weekly staffing meetings.

Supervisor: Dr. Joshua Clapp, University of Wyoming, Laramie, WY

2016 Poster presentation: Kern, S., Backette, S., Ripley, A., Kozina, R., Clapp, J. (2016 October) *An investigation of the relation between PTSD and interpersonal outcomes: The moderating role of*

- trauma type and emotional regulation*. Presented at the 50<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- 2016 Poster presentation: Kern, S., Bachtelle, S., Kozina, R., Ripley, A., & Clapp, J. (2016 October) *The differential impact of PTSD and alcohol use on functional impairment in a college sample*. Presented at the 50<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

### **Teaching Experience**

- 2012 Undergraduate Teaching Assistant: Psychology of Trauma  
University of Oregon, Eugene, OR  
Responsibilities: Conducting review sessions grading student homework, and being available to assist students.  
Supervisor: Dr. Pamela Birrell
- 2013 Undergraduate Teaching Assistant: Cultural Psychology  
University of Oregon, Eugene, OR  
Responsibilities: Grading student homework and acting as a resource for students.  
Professor: Dr. Pamela Birrell
- 2015 Graduate Teaching Assistant: Developmental Psychopathology  
Responsibilities: Grading student homework, conducting review sessions, and guest lecturing.  
Professor: Christopher Shelton, M.S.
- 2016 Graduate Teaching Assistant: Introduction to Research Methods  
Responsibilities: Grading student tests, holding office hours, and guest lecturing.  
Professor: Dr. Suzanna Penningroth
- 2016 Graduate Teaching Assistant: Principles of Psychological Testing  
Responsibilities: Grading student tests, holding office hours, and assisting in group projects.  
Professor: Dr. Carolyn Pepper
- 2016 Graduate Teaching Assistant: Psychology of Adulthood  
Responsibilities: Holding office hours and doing literature reviews for course preparation.  
Professor: Dr. David Estes
- 2017 Graduate Teaching Assistant: Child Maltreatment  
Responsibilities: Holding office hours, grading student assignments, and guest lecturing.  
Professor: Anne Stevens, M.S.

### **Clinical Experiences**

- 2014-2015: Internship  
Veteran, Immigrant, and Refugee Trauma Institute of Sacramento  
Sacramento, CA  
Responsibilities:
- Assisting in clinical intakes.

- Observing treatment in multicultural refugee populations.
- Coordinating support services.

Supervisor: Dr. Patrick Koga

2014-2015: Supervised ABA Paraprofessional

Capitol Autism Services

Sacramento, CA

Responsibilities:

- Creating and running one on one behavioral tutoring sessions with children living with autism spectrum disorders.
- Aiding children with ASD to become more independent
- Working with parents of children to create goals to achieve independently.

2015-2016: Trauma and Bereavement Clinical Team

University of Wyoming Psychology Clinic, Laramie WY

Responsibilities:

- Participation in group supervision to discuss current therapeutic progress, recommendations, and client treatment plans.
- Formal assessment of presenting issues for treatment, including standard self-report psychological measures and clinical interviews.
- Provision of empirically-supported psychotherapy services to rural victims of sexual assault, physical assault, crime, and domestic violence through the Wyoming Trauma Telehealth Treatment Clinic (WTTTC).
- Provision of empirically supported psychotherapy services to local victims of assault and crime, as well as other community members presenting with anxiety disorders and substance abuse.

Supervisor: Dr. Matt Gray

Aug 2016-Present: Learning and Behavioral Assessment/Treatment Team

University of Wyoming Psychology Clinic, Laramie WY

Responsibilities:

- Conducting formal psychological assessment (cognitive, academic, and behavioral) for individuals with externalizing disorders across the lifespan
- Co-facilitation of group therapy for college students with ADHD, focusing on organization, time management, planning, and basic CBT skills.
- Participation in group supervision to discuss assessment results, recommendations, and client treatment plans
- Perform formal assessments of cognitive ability and achievement, behavioral rating scales, clinical interviews, and classroom observations to make clinical diagnoses of learning and developmental disorders across the lifespan
- Provide evidence-based psychological treatment to children and adults with externalizing problems, ADHD, depression, anxiety, and other difficulties

Supervisions: Dr. Cynthia Hartung & Tara Clapp, MS/CAS

## **Professional Associations**

Association for Behavioral and Cognitive Therapies (ABCT), October 2016 - Present